

Meet Jennifer

Home Manager Applegate House South Humberside



About Jennifer

Jennifer began her career at Roxby House in 2007 after leaving university, joining as a support worker specialising in autism support for adults. It was her first full time role, and she quickly discovered a real passion for supporting people to live well. Over the years, Jennifer grew within the organisation, which is now part of Achieve together, building her experience, knowledge and confidence along the way.

After a short time away in 2021, Jennifer returned to Roxby House before successfully applying to become Registered Manager at Applegate House. She now brings around 20 years of experience to her role and leads with warmth, commitment and a person-centred approach.

Jennifer's key skills

- Team leadership
- Communication
- Adaptable and responsive
- Committed to professional development
- Person-centred approach

Jennifer's successes

A special memory for Jennifer was supporting a person to attend an important dental appointment. As the person is non-verbal, Jennifer took time to understand what support would work best for them. She helped arrange best interest meetings and worked closely with professionals to plan the appointment carefully, ensuring the needs of the person were kept at the forefront.

To help the person feel prepared, Jennifer spoke with them, showed pictures of the dentist and gently explained what may happen. She also attended the appointment with them, offering calm and familiar support throughout. The dental work was completed successfully, and the person was happy, calm and comfortable for the appointment.

"One of the proudest parts of my role is seeing the people we support grow in confidence and develop new skills. Knowing I have played a small part in helping someone live a happier, more fulfilled life is incredibly rewarding."

Get to know Jennifer



Favourite colour –
Royal blue



Favourite meal –
Minted lamb chops



Favourite hobby –
Reading



Favourite animal –
Horse



Bucket list holiday –
The Maldives