Achieve together

Meet Kellie

Home Manager Eastbourne Road, Sussex



About Kellie

Kellie has worked in social care for over 30 years, beginning her career as an NHS support worker for people with learning disabilities and visual impairments. She helped to pilot person-centred support and enabled people to move from larger care settings into smaller, personalised homes, some of which offered specialist support.

This experience shaped her belief in the importance of person-centred care and the Wheel of Engagement. During her time with the NHS, she developed her skills and gained the qualifications to become a registered manager before joining a charitable organisation supporting autistic people and people with communication needs. Kellie later took a career break and spent five years in Portugal, where she retrained as an aromatherapist.

After moving back to England, Kellie resumed her career in social care, having missed helping people achieve their goals. She has now been a registered manager at Achieve together for nearly ten years, supporting people to develop their skills and confidence.

"For me, person-centred care starts with listening to what someone wants from their life. A goal that feels out of reach can become more manageable when we work towards it together, one small step at a time."

Kellie's key skills

- Person-centred care
- Positive Behaviour Support trainer (PBS)
- NVQ Level 3 in Health and Social Care
- HND in Managing Health Services
- Coaching and mentoring
- Quality assurance
- Safeguarding and risk management

Kellie's Successes

Kellie supported an autistic person with emotional needs to develop coping skills and build the confidence to move from a residential home into a one-bedroom supported living flat. This had been their dream for years, although they had always been told it would not happen. Kellie started with small steps, helping them understand their emotions and explore different ways to express themselves.

Alongside this, she supported them to develop practical skills, such as budgeting and completing their weekly shopping. Over three years, they worked towards this goal in manageable steps. When the person moved into their own flat, it was a sad but proud day for Kellie.

"I want to support people to live fulfilling lives and achieve the goals that matter to them. It is about building confidence and encouraging independence at their own pace."

Get to know Kellie

- Favourite meal – Shakshuka
- Favourite animal – Cat
- Favourite colour – Green
- Favourite hobby – Gardening
- Bucket list holiday – Canada