

Meet Joseph Sosanya

Home Manager Supported Living in Dulwich, London



About Joseph

Joseph joined Achieve together in 2026, bringing more than 30 years of experience across a wide range of health and social care services. Starting his career as a home carer in 1994, Joseph progressed into management in 2001 and has since developed extensive expertise supporting people with Learning Disabilities, Mental Health needs and individuals experiencing homelessness.

Joseph is passionate about developing empathetic, person-centred teams and supporting colleagues to progress into management roles. Joseph is driven by helping both the people he supports and his team to achieve their personal and professional goals, always striving to make a positive and meaningful difference in people's lives.

"One of my proudest moments in care was supporting two individuals through their relationship journey and being a witness at their wedding. It reinforced the importance of person-centred support in helping people achieve the lives they want."

Get to know Joseph



Favourite colour –
Blue



Favourite meal –
Beans



Favourite hobby –
Table tennis



Favourite animal –
Dog



Bucket list holiday –
USA

Joseph's key skills

- Quality assurance, safeguarding and risk management
- Person centred care
- Experience with CQC compliance and regulatory oversight
- Coaching and mentoring

Joseph's successes

Joseph specialises in problem-solving, coaching, mentoring, and developing people through life experience and practical learning. With extensive leadership experience across learning disabilities, mental health, supported living, homelessness, substance misuse, and residential care services, he is confident in supporting teams within complex and fast-paced environments.

Joseph is passionate about supporting his team's growth, helping them build confidence, develop their skills and explore opportunities to progress into management roles. He brings a calm, supportive and solutions-focused approach to challenges, always keeping the wellbeing, growth and success of the people he supports and the teams he leads at the heart of what he does.