

# Meet Sarah

## Home Manager Supported Living Dorking, Surrey



### About Sarah

Caring for others has always been more than just a job to Sarah, it's something she feels truly passionate about. After studying Health and Social Care at college, she began her career supporting elderly people before moving into learning disability services, helping individuals build fulfilling lives within their communities after long stay institutions closed.

Over the years, Sarah grew from a support worker to deputy manager and now brings her skills and expertise to her managerial roles, yet is still eager to learn more along the way.

In March 2026, Sarah brought experience and knowledge with her to Achieve together's Supported Living Home in Dorking as their Home Manager.

"I truly value making a positive difference in people's lives and creating supportive, caring environments."

### Sarah's key skills

- Quality, safety, accountability and person-centred care.
- Learning disabilities knowledge
- Epilepsy knowledge
- Complex health needs, medical device and care experience

"I'm passionate about helping people feel empowered, valued, and supported to live the life they choose."

### Sarah's successes

One of the most rewarding parts of Sarah's career has been supporting a young man to find his confidence, make his own decisions, and truly have his voice heard. Through positive support and using Mental Capacity Act principles, he learned that taking safe risks is part of growing and becoming independent. Seeing him move into his own supported living flat with minimal support was an amazing achievement for everyone involved. Sarah has supported individuals with behavioural needs, while also gaining extensive experience supporting those with epilepsy and other complex health needs, including PEG feeding and diabetes.

### Get to know Sarah



Favourite colour –  
Green



Favourite meal –  
Curry



Favourite hobby –  
Walking with dogs



Favourite animal –  
Dog



Bucket list holiday –  
New Orleans