

Meet Tanya

Home Manager Supported living in Pontypool



About Tanya

Tanya began her career in social care in 2021, developing her experience and leadership skills with two care providers before joining Achieve together in August 2023. Starting as a Target Support Worker, she supported a person on a 2:1 basis to access activities and appointments, inspiring her passion for helping people have genuine choice and control.

Tanya was also motivated by her son's autism diagnosis, which encouraged her to deepen her understanding of autism and learning disabilities. She progressed quickly from Senior Support Worker to Deputy Manager before becoming a Home Manager.

Today, Tanya is passionate about empowering people and team members, reducing unnecessary restrictions, encouraging positive risk-taking and creating opportunities for people to live fulfilling, independent and meaningful lives.

"I believe everyone has the right to experience new opportunities, make informed choices, and achieve their own personal goals."

Tanya's key skills

- Quality assurance
- Safeguarding and risk management
- Person-centred care and planning
- Level 4 Diploma in Health and Social Care
- Pass+Port trainer
- Positive Behaviour Support
- Active Support trainer experience
- Coaching and mentoring

Tanya's successes

One of Tanya's proudest achievements was supporting a person to gain greater independence through the STOMP campaign and Positive Behaviour Support.

Tanya took time to understand what mattered most to the person, including attending a themed holiday and accessing local activities with less support. Together, they developed a personalised support plan, reviewed triggers and introduced proactive strategies.

Following a professional medication review, behaviours that may challenge reduced and the person's confidence increased. With careful planning, the holiday was a great success.

The person later progressed from requiring support from two team members when out and about to confidently accessing activities with one, increasing their choice, control and opportunities to enjoy everyday life.

Get to know Tanya



Favourite colour –
Green and black



Favourite meal –
Spaghetti bolognese



Favourite hobby –
Reading



Favourite animal –
Duck



Bucket list holiday –
Las Vegas