

Meet Rom

Home Manager Residential living in Hove, East Sussex



About Rom

Rom's career in care began in 2000 when he qualified as a Physiotherapist, specialising in supporting young adults with learning disabilities. The role gave him a strong foundation in person-centred care and developed a passion for helping people achieve greater independence and quality of life.

In 2003, Rom joined Achieve together as a Support Worker and through hard work, dedication and a passion for care, he progressed through a number of roles before becoming a Registered Manager. Rom has supported a variety of homes, gaining experience working with individuals with diverse needs. Rom has developed strong leadership, management and person-centred care skills, while remaining committed to delivering high-quality support and positive outcomes.

"Communication is not limited to spoken words, sign language, body language, or Makaton. Sometimes the most meaningful communication comes from simply being present, listening, sharing a smile, and taking the time to understand what a person is trying to express."

Rom's key skills

Rom is a Qualified Physiotherapist with a Registered Managers Award and NVQ Level 5 in Health & Social Care Leadership. He has extensive experience supporting people with profound and multiple learning disabilities (PMLD).

His strength lies in understanding individuals, building meaningful relationships, and helping people achieve outcomes that matter to them. Rom is committed to continuous learning and believes everyone, regardless of disability or communication needs, can make progress and achieve their goals.

Rom's successes

Rom believes the greatest achievements are often the smallest—helping someone reach a personal goal, build confidence, overcome challenges, or simply smile. These moments make his work rewarding.

As a manager, he is proud of creating a caring, positive team culture where people are encouraged to be brave, embrace new experiences, and make the most of every opportunity. Seeing individuals grow in confidence, achieve their goals, and live fulfilling lives is his greatest success. For Rom, success is measured by making a meaningful difference and supporting others to live their best lives.

Get to know Rom



Favourite colour –
Blue



Favourite meal –
Fish



Favourite hobby –
Triathlons



Favourite animal –
Dog



Bucket list holiday –
Machu Picchu