



Meet Kirsty

Deputy Manager Supported Living in Sapley, Cambridgeshire

About Kirsty

Kirsty joined Achieve together in 2010 as a Support Worker, and it was her first experience of working in care. Since then, she has worked her way up to Practice Lead and now Deputy Manager, building strong, genuine relationships with the people she supports along the way.

Kirsty is passionate about making sure people are always at the heart of everything she does, helping them live fulfilling lives with choice, independence, and control. She enjoys leading by example, creating a positive environment where everyone feels valued and supported, and making meaningful improvements that help people thrive.

"I enjoy making a meaningful difference to the lives of the people we support. I value the relationships I have built, not just with those we support, but their families too. Being part of that wider circle of support and working together is something I take a lot of pride in."

Kirsty's key skills

- Leadership
- Communication
- Organisation
- Person-centred care
- Coaching and Mentoring
- Quality assurance, safeguarding and risk management

"I love planning holidays with the people we support, helping to give them amazing memories and opportunities."

Kirsty's successes

A really special moment for Kirsty was supporting a gentleman who carried carrier bags filled with videos that meant a lot to him. They helped him feel safe, but they also made day-to-day life more difficult, including moving around, joining activities, and spending time with others. Kirsty took the time to build trust, understand his worries, and support him at a pace that felt right for him. Slowly, his anxiety reduced and he grew in confidence. Over time, he was able to leave the bags behind, take part in more activities, and enjoy visits with his family. It was a lovely example of how patience, kindness, and reassurance can make a real difference.

Get to know Kirsty



**Favourite hobby –
Going on Holiday**



**Favourite meal –
Going on Holiday**



**Favourite colour –
Yellow**



**Favourite animal –
Dolphin**



**Bucket list holiday –
Tokyo Disney Resort**