

# Meet Toyin

## Supported Living in Thornton Heath, Croydon



### Toyin's history

Toyin first moved into our Thornton Heath home in 2014 and has been happy here ever since. When Toyin initially moved in she wouldn't accept support with personal care and wouldn't engage in activities with other houses mates and the team.

### First steps

During her one to one interactions, Toyin liked it when team members were patient and respectful to her. With a lot of encouragement she began to open up and accept some support. Toyin's initial goal when she first moved in was to get a job volunteering locally.

### Ongoing support

Toyin now accepts support with personal care morning and evening. She is very committed to keeping her personal space clean and tidy and has been supported to join local groups like Gig buddies. She is also supported weekly in volunteering with Mencap.



## Toyin's progress

Toyin's confidence has really grown. She has been consistent with her volunteer work and enjoys it so much that she is now actively seeking paid employment.

Toyin is always out and about taking part in activities including choir and attending sessions at Croydon adult learning and teaching.

## Looking to the future

Paid employment is Toyin's biggest goal at the moment and the team are really happy to be supporting her with this.

### Ellen's thoughts

"Toyin is doing exceptionally well having made a real breakthrough with her personal care. She's very active with her volunteering job at Mencap and loves to give back to the community".

### Toyin's thoughts

"I am very happy to be living in this home, I am happy with how the team support me and I'm looking forward to gaining paid employment, even if it's just one hour".



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