

Meet

Jo-Ann Rutkiewicz

Home Manager, Supported Living in Clacton on Sea, Essex



About Jo-Ann

Jo has been working in management roles across various care sectors since she was 21, more recently managing supported living homes in a Registered Manager role. Jo-Ann loves her current role in Clacton on Sea because it offers a great balance of supporting the people we care for, whilst mentoring and leading the team to achieve positive outcomes.

Jo-Ann's key skills

Jo-Ann holds a level 4 NVQ in Health and Social Care and the Registered Managers award. She is passionate about advocating for the people she supports by providing them with clear and accessible information. Empowering them to make their own choices, rather than restricting them from making decisions that others may see as unwise is a key skill she holds.

"People we support is always at the heart of everything I do".

Jo-Ann's successes

Jo-Ann supported an individual who was considered by her family to lack capacity and required 2:1 support at all times. The individual had a significant history of behaviour that challenges and had been arrested more than 260 times. During Covid, Jo-Ann worked closely with this individual, advocating for their rights, providing clear and impartial information that allowed the individual to make their own decisions. By slowly working on independence and confidence, behaviours improved and restrictions were gradually removed. The individual now lives independently, is in a committed relationship and no longer needs any support.

"Supporting choice, independence, and dignity is something I feel strongly about".

"This success remains one of my proudest achievements, as it reflects the power of advocacy, empowerment and truly person-centred support".

Get to know Jo-Ann



Favourite meal –
Indian



Favourite hobby –
Meditating



Favourite animal –
My Frenchie



Favourite colour –
Pink