

# Meet Opeyemi Oyinsan

Home Manager  
Ashford Lodge, Kent



## About Ope

Ope's early career started in psychology where she developed a strong foundation in behavioural support and the complexities of learning disabilities and mental health presentations. This early experience shaped her approach to care which has always been person-centred and psychologically informed. She worked in both clinical settings and led multi disciplinary teams before moving into Registered Manager roles.

Ope joined Achieve together in 2018 working in various homes before taking on Ashford Lodge.

"I have a passion for advocacy, particularly for adults with learning disabilities and complex needs, who require strong leadership to ensure their voices are heard".

"I joined the care industry because I had a strong interest in psychology and human behaviour. I wanted to understand how people think, process the world and respond to trauma and disability".

## Ope's key skills

Ope has a BSc in Psychology with Sociology, an MSc in Psychological Wellbeing and Mental Health and an NVQ Level 5 in Leadership for Health & Social Care. Her management roles have given her skills in leadership and home development and she has a keen interest in sharing her knowledge with her team in order to improve the quality of life for the people we support and provide professional development opportunities for the team.

## Ope's successes

Ope's proudest professional achievement was being awarded the Home Manager Award for Physical and Learning Disabilities by Bromley Council and then receiving the Highly Commended Award for Housing with Care at the British Care Awards.

## Get to know Ope



Favourite colour –  
Blue



Favourite meal –  
Rice based dishes



Favourite hobby –  
Swimming



Favourite animal –  
Duck



Bucket list holiday –  
Australia