

Meet Linda

Residential Living in Worthing, West Sussex



Linda's History

Linda's journey with Achieve together started many years ago at Wilbury Gardens. She came to us having escaped an abusive relationship, tackling addiction and after being released from prison. 18 months ago she became critically ill with sepsis and this resulted in a full leg amputation. Linda is profoundly deaf with a history of mental health challenges, having only accessed care services later in life. Despite this, she has always been fiercely independent, known for her kindness, thoughtfulness and inner strength.

First Steps

Following her amputation, Linda faced significant physical and emotional challenges around the loss of mobility, independence and communication barriers as a result of her profound deafness. Moving to a new accessible home required a carefully planned, person-centred approach.

Team members from Linda's previous home moved with Linda to ensure continuity of care and effective communication was maintained. The team at Twyford Gardens received British Sign Language (BSL) training to better support Linda and Linda was fully involved in decisions about her support plan.

Ongoing Support

Despite the life-changing nature of her experiences, Linda has made remarkable progress. Hard work and dedication from both Linda and the team has meant she can now transfer independently in and out of her wheelchair and self-propel for short distances. Linda has now successfully adapted to her new home and is starting to pursue meaningful personal goals.

A diet and exercise plan has been created to support Linda's recovery and build her strength, and the team supported a request for a motorised wheelchair to enhance her independence.



Linda's Progress

Linda's journey has not been without difficulty. The loss of her leg and independence required significant emotional adjustment. However, her resilience, determination and positivity have been extraordinary. She continues to inspire both team members and peers with her strength, maintaining a positive outlook and supporting others even during her own challenges.

Linda recently told her inspirational story at our managers team event in East Sussex where she presented in front of nearly 100 people.

Linda's thoughts

"Life has knocked me down many times, but every time, I've found the strength to get back up."

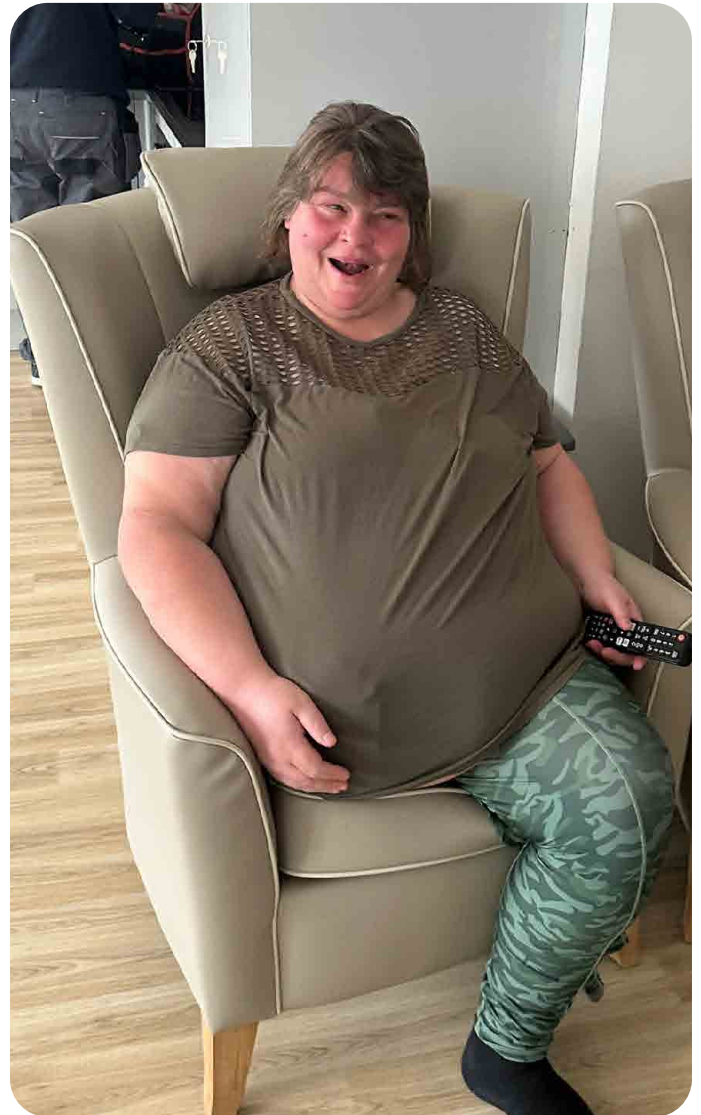
Sandra's thoughts

"Linda is one of the most incredible people I've had the pleasure of working with. She's been to hell and back and still finds reasons to laugh, smile, and think of others. Her determination and zest for life are truly inspiring."

- Head of Area Operations

Looking to the future

Linda has some clear goals for her future including; regaining the ability to drive, attending her daughter's wedding in Austria and further increasing her independence through improved mobility. Longer term she wants to live in her own flat or bungalow.



Find out more

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Our values

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