



Supportive Therapies Virtual Festival Planning Sheet

Sensory Session

Title/Aim:

Inclusive art: engaging and independent use of materials, 1:1 and group activity with support via hand over hand support and adapted equipment. Involving and exploring through different sensory equipment.

Resources Required:

Large sheet to paint on, variety of paints, paint brushes (bamboo sticks and duct tape to secure the paint brushes to make extendable lengths) various balls of different texture, plastic bottles, sponges, spray bottles, aprons

Method:

Outside space or large floor area with space for both the sheet and people we support. Create the mixture of paint and water in the spray bottles and in bowls for the balls and other items to be placed in. Create extendable paint brushes to the length that the people supported will be able to use them. Aprons on and it's time to get messy!

