



## Supportive Therapies Virtual Festival Planning Sheet

### Sensory Session

#### Corn Flour Slime

A quick and easy sensory (tactile and visual) activity that can be facilitated easily at home with resources from the kitchen!

This slime activity doesn't contain any chemicals and is good to do with people of all ages – If they like getting messy!

#### Resources Required:

- Corn Flour
- Non slip mat/Velcro to hold bowl in place)
- Water
- Cup
- Large Bowl and Spoon
- Food colouring
- Tray
- Sequins/glitter
- Ball (optional)
- Stamps (optional)

#### Method:

Refer to video 😊

