

How to grow beetroot



Preparing the ground



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Before planting your beetroot seeds make sure the ground is well prepared and raked.



Sowing



Sowing your beetroot

There is a wide variety of beetroot to grow so you may like to grow a row of different coloured beetroot.

They come in white, yellow, purple and red stripes etc.





Using your guide line draw a line from one end of the plot to the other.



Using the corner of a hoe or rake gently create a small channel following your guide line.



Now water the channel with a small amount of water.



Your seeds are ready to be sown.

Open your beetroot seed packet at one corner and gently release a small amount of the seeds into the palm of your hand.

Beetroot seeds are very fine so be careful when pouring as they can blow away.



Pinch a small amount of the seeds from
your palm using your thumb and index
finger.



Sprinkle the seeds sparingly down this channel. You may need some help with this.



Once you have completed your first line using the side of your hand gently move some soil over the seeds.



Now water your row of seeds.



The seeds should begin to grow within
a few weeks.

The first shoots will be two small thin
leaves and a deep red stem.



When the beetroot leaves are about 2 inches tall you can start removing some of the beetroots. This will give the other beetroots room to grow and stop disease. This is called thinning.



You need to water your beetroots every day.

Harvesting





Your beetroot can take over 90 days to grow depending on their variety.

When they are ready to pick you can either gently pull them from the ground or use a garden fork.



Your beetroots can be pulled when you need them.