

DAILY ACTIVITIES

• MARCH 2020 •

- 09:00- 10:00 Joe Wicks live PE lesson (The BodyCoachTV on youtube)
- 10:00-10:30 Bug Safari
- 10:30-11:00 Arts and Crafts
- 11:00-11: 30 David Walliams Story Time (@dwalliams on instagram)
- 11:30- 12:00 Oti Mabuse live dance classes (Oti Mabuse Official on youtube)
- 12:00-13:00 Lunch time! Send us a picture of your delicious lunch
- 13:00-14:00 Get outside! How about a scavenger hunt?
- 14:00-14:30 Design a card or letter to send to your family
- 14:30-15:00 Play the lunchbox game (found under the games section in our COVID-19 area)
- 15:00-15:30 Play the Corona game- find and tidy up!
- 15:30-16:00 Dance party to your favourite songs
- 16:00- 16:30 Yoga and meditation
- Tea time! Use the supercook app to create a
- 16:30-17:30 delicious meal out of leftover ingredients