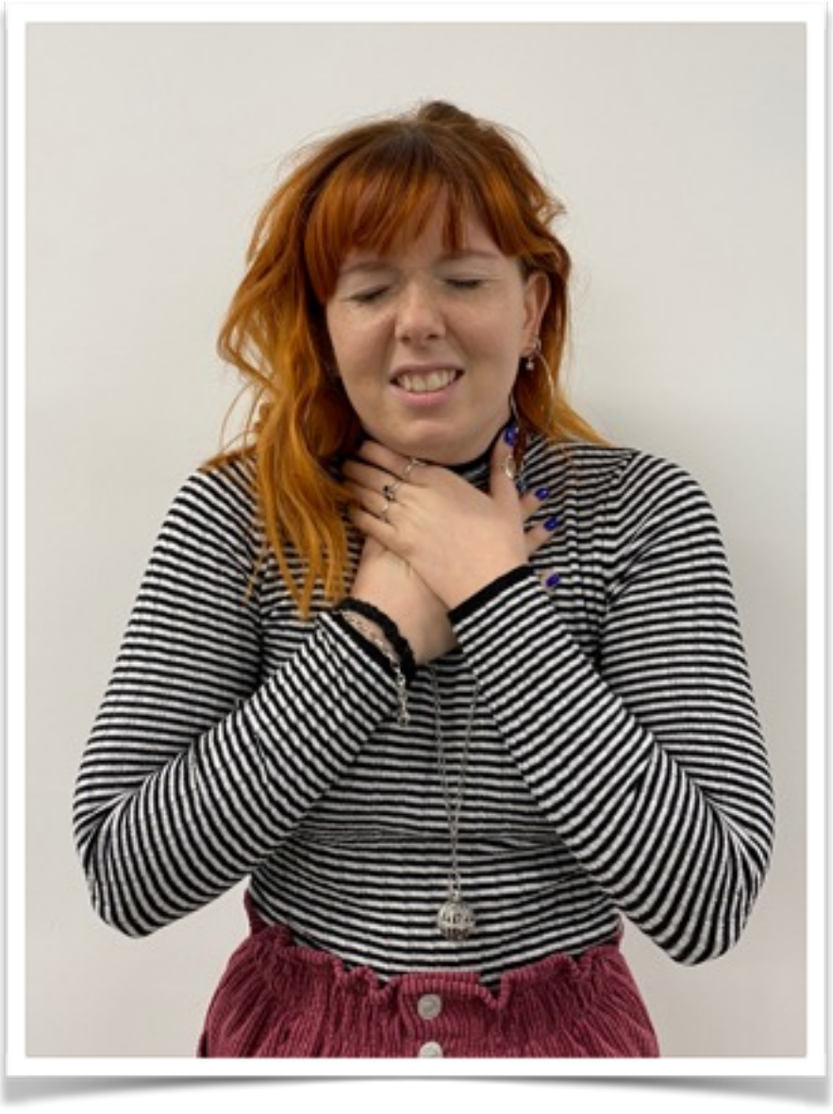
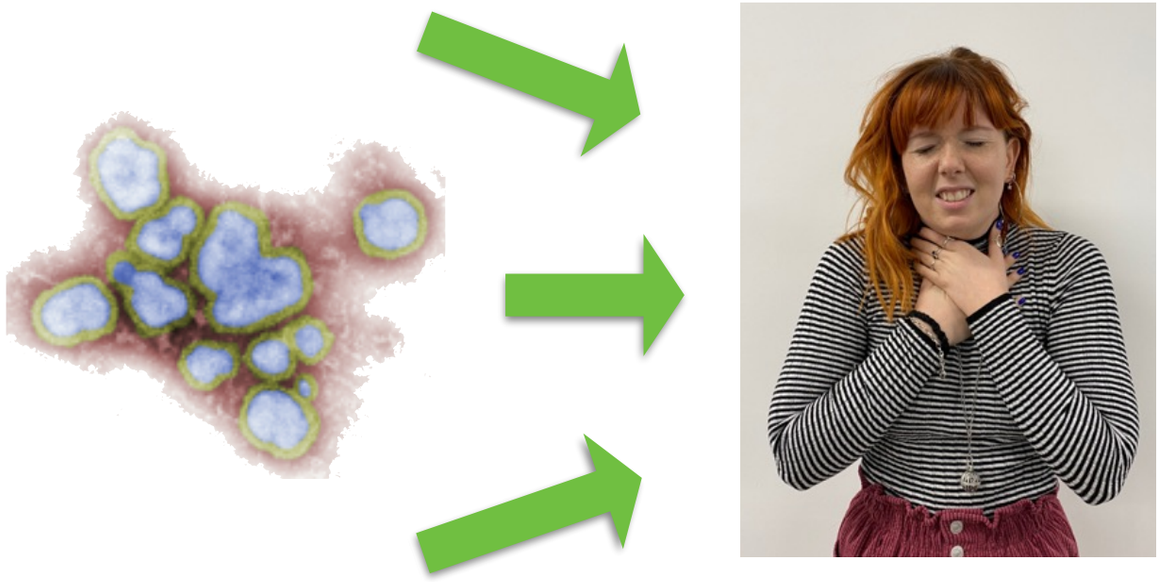


What is a Corona virus?

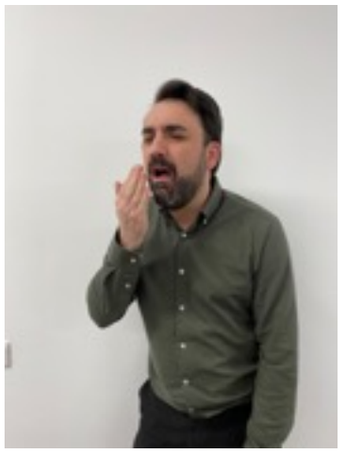


A Corona virus is germs you
can catch that make
you feel poorly.

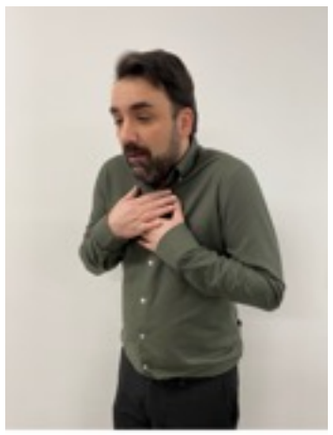
A Corona virus could affect anyone.

These are some symptoms of a Corona virus:

A cough



Shortness of breath



A fever

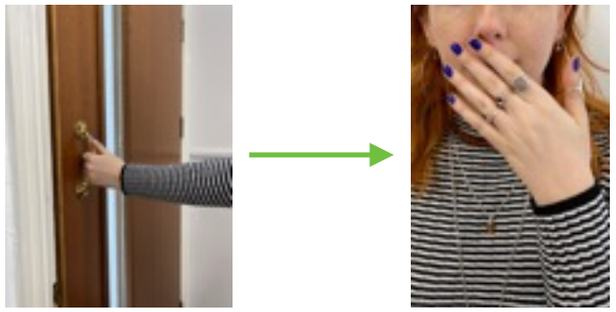
You can catch Corona virus from other people who are ill.

Avoid:

Close body contact

Sharing food or drink

Touching surfaces and then your face



Do not shake hands with other people

If you feel poorly you must speak to staff.

Staff might suggest you need to see a doctor.

Only a doctor will know if you have Corona virus.

If we are feeling poorly we should:

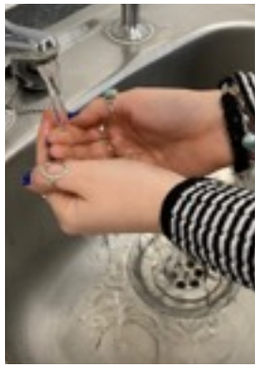
Get plenty of rest

Drink more fluids

Always cough and sneeze into a tissue not into hands. Always throw the tissue into a bin

Follow the washing hands visual

Use antibacterial gel

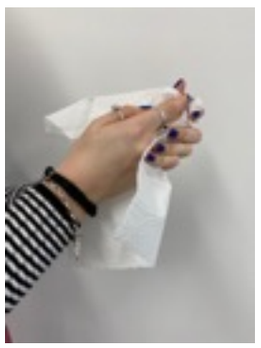


Wet Hands

Soap

Wash

Rinse



Dry Hands

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