



Ty Gorsaf

Caerphilly | Supported Living

About this home

Ty Gorsaf is a supported living service providing 24-hour support for people aged 30+, with learning disabilities, autism spectrum conditions, and communication and sensory impairments.

We are focussed on developing plans tailored to the needs of individuals in order to promote increased choice and control over their own lives.

Our experienced team works in partnership with families, carers, advocates and public service professionals to ensure that the support provided is proactive and appropriate.

We follow an active, person-centred approach together with the principles

of SPELL which supports people to increase their independence and achieve their planned outcomes.

Our Total Communication approach enables staff to implement individualised communication strategies for tenants, who are supported to express their wishes and make choices using a wide range of communication tools including photos, PECS and Makaton.

Who we support	Facilities
<ul style="list-style-type: none">• Adults• Autism Spectrum Conditions• Behaviours that may challenge• Complex needs• Epilepsy• Hearing Impairments• Mental Health• Moderate Learning Disabilities	<ul style="list-style-type: none">• Garden/Outside Space• Satellite TV• Self Contained Flats• Sensory Room• Wet Rooms

What we offer

Ty Gorsaf is a large detached house with four bedrooms and one self-contained flat. There is also a communal lounge, dining room, fully equipped kitchen, laundry facilities and a pretty garden.

Ty Gorsaf is situated near Blackwood. The service benefits from a rural setting, but with access to a wide range of local community facilities such as shops, restaurants, local colleges and employment opportunities. There are also excellent transport links into Cardiff and Newport.

Lifestyle

Individuals are supported to take part in a wide range of activities that can help build on skills and independence. People enjoy gardening, exercise classes, pottery & art classes, water aerobics and many people have enrolled in college courses.

One gentleman has a paid job as a cleaner at the local hospital and another gentleman is a representative for a self-advocacy group within the

organisation, Campaign 4 Change.

We support individuals to plan and organise their own activity timetables and take part in activities that develop social, communication and life skills. These range from support in daily life skills such as shopping through to college placements, voluntary and paid work placements and leisure activities.

People are encouraged to express their rights freely and become contributing members of the community. In our experience, this helps to increase social and emotional well being and decreases the stigma that can affect people with learning disabilities.

Contact us

Please call us on **07458 102670** to find out more information about this home.

For the latest information and vacancy details, view online
<https://www.achievetogether.co.uk/homes/ty-gorsaf/>