



## The Jays

Essex | Supported Living

### About this home

The Jays is a supported living service for individuals aged 18+ with autism spectrum conditions and/or learning disabilities. The service implements a person centred planning approach, tailored towards individual needs and focused on outcomes. Individuals are encouraged to be as independent as possible and will be supported in taking part in meaningful activities in order to enrich their lives.

Each of the people we support is assigned a key worker, whom they become very familiar with. In addition, we encourage families to play a key role in the support we provide and ensure that they are involved to the degree the individual wishes them to be. Staff are available 24 hours a day when required.

<h3>Who we support</h3> <ul style="list-style-type: none"><li>• Adults</li><li>• Autism Spectrum Conditions</li><li>• Learning Disabilities</li></ul>	<h3>Facilities</h3> <ul style="list-style-type: none"><li>• Garden/Outside Space</li></ul>
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## What we offer

The Jays has individual bedrooms as well as a room for staff. There are shared communal facilities including a lounge, dining area and kitchen. There is also a garden area which is great for social activities and events, especially in the summer.

The service has an ideal location in a leafy rural area, however it is still close to the nearby towns. Individuals can easily access local community facilities such as shops, restaurants, pubs, parks and transport links.

## Lifestyle

At The Jays individuals are supported to lead active lives and take part in a range of leisure activities to increase social and communication skills. These can include activities such as swimming, gardening, cinema trips, day trips, shopping, meals out, day centre activities and arts and crafts.

People are also supported in developing independence skills in order to be self-sufficient, such as meal preparation, cooking and domestic tasks around the house. Additionally individuals are supported in any work placements and/or volunteering they wish to, in order to live an enriching life and engage with the community.

## Contact us

Please call us on **07944 105 428** to find out more information about this home.

For the latest information and vacancy details, view online <https://www.achievetogether.co.uk/homes/the-jays/>