



Oaklands

Cambridgeshire | Supported Living

About this home

Oaklands is a supported living service for adults aged 20+ with moderate learning disabilities, mental health needs and complex needs including behaviours that may challenge. A person centred planning approach is used, which is tailored towards the individual with emphasis on the individual's involvement and inclusion.

People will be supported to develop life skills so as to increase their independence, as well as encouraging them to engage in a full range of social activities to develop their communication and social skills.

<h3>Who we support</h3> <ul style="list-style-type: none"> • Adults • Behaviours that may challenge • Complex needs • Mental Health • Moderate Learning Disabilities 	<h3>Facilities</h3> <ul style="list-style-type: none"> • En-Suite • Garden/Outside Space • Satellite TV
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What we offer

Oaklands is a large property that has recently been refurbished. The main house has three en-suite bedrooms, including a ground floor room with an en-suite wet room for individuals who may have a physical disability, a room with an adjacent separate bathroom and a self-contained bedsit on the first floor. It also has a spacious communal lounge and kitchen for when people wish to socialise with others.

The self-contained annex has 3 en-suite bedrooms with a shared kitchen, lounge and bathroom. Both the main building and the annex have large double doors which open on to large gardens which are used for activities. People are supported to be more self-sufficient by getting involved in growing their own vegetables.

The separate chalet at the bottom of the garden is used as a 'next step' facility for individuals that are more independent. It is solely occupied with its own entrance and garden.

Lifestyle

At Oaklands, people are supported to take part in a range of leisure activities that will increase social, communication and independence skills.

Individuals are supported to take part in any activities they like, including day centre visits, gardening in the service gardens, swimming, baking and cooking classes, and English and maths workshops. One person has been baking cakes, brownies, biscuits and cheesecakes for people at the service and is teaching everyone new recipes.

The service holds regular events, such as the healthy eating workshop

where people learnt how to have a balance diet, which encouraged many people to try new foods. Many people come to Oaklands with high levels of support needs however have gained independence in daily life skills and some have progressed in to live independently as a result.

Contact us

Please call us on **07944 105 428** to find out more information about this home.

For the latest information and vacancy details, view online
<https://www.achievetogether.co.uk/homes/oaklands/>