



# Highdowns

Cornwall | Residential

# About this home

Highdowns is a residential service with views over St. Ives bay in Cornwall for adults aged 18+ with autism spectrum conditions, moderate to severe learning disabilities, mental health issues, complex needs including behaviours that may challenge, restricted mobility, sight impairment and epilepsy.

The service provides opportunities for individuals to equip themselves with the skills they need to live the life they choose including moving on to supported living when they are ready. The service encourages and promotes people to gain confidence in their lives, and promotes decision making and choice through a person-centred approach, which is individualised and dependent on the specific needs and communication requirements of each person.

<h3>Who we support</h3> <ul style="list-style-type: none"><li>• Adults</li><li>• Autism Spectrum Conditions</li><li>• Behaviours that may challenge</li><li>• Complex Health Needs</li><li>• Complex needs</li><li>• Epilepsy</li><li>• Mental Health</li><li>• Moderate Learning Disabilities</li><li>• Restricted Mobility</li><li>• Severe Learning Disabilities</li><li>• Sight Impairment</li></ul>	<h3>Facilities</h3> <ul style="list-style-type: none"><li>• Accessibility - Wheelchair/Lift/Stair Lift</li><li>• En-Suite</li><li>• Games Room</li><li>• Garden/Outside Space</li><li>• Self Contained Flats</li><li>• Summerhouse/Conservatory</li><li>• Wet Rooms</li></ul>
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# What we offer

Highdowns service is set within a beautiful backdrop which holds panoramic views over St. Ives bay in Cornwall. It is approximately 2 miles from Camborne town centre and transport is available for people to access the local community.

All the buildings are situated in beautiful grounds that are linked together so that individuals can access all areas and benefit from the gardens, open

fields and a further barn which provides communal recreation opportunities for people who live in all the properties on site.

There are multiple animals on site including chickens, rabbits, and even pigs. People can interact with them and can be supported to look after them.

## Lifestyle

People are involved in person centered planning, review and awareness, rights and responsibilities and promotion of access to local advocacy, budgeting skills and weekly planning, daily living skills, including meal preparation, cooking and domestic skill and assistance with personal care.

Individuals are supported to become more independent with self care, choice and are supported to attend college/events/activities and to engage in voluntary or part time work if they wish.

Examples of leisure activities include day centres, swimming, pub outings, sing and sign, massage (shiatsu and hand massage), gym, clubs, trips out, farming and gardening.

## Contact us

Please call us on **03301 755 332** to find out more information about this home.

For the latest information and vacancy details, view online  
<https://www.achievetogether.co.uk/homes/highdowns/>