



## Girling Street

Suffolk | Residential

### About this home

Girling Street is a residential service for females aged 18-40 with learning disabilities, autism spectrum conditions and epilepsy and associated physical and sensory needs. The service provides a person centred approach, supporting individuals to play an active role in their lives, making choices and increasing their independence.

The service works with multi disciplinary teams, actively encouraging families to be involved in care. The staff are fully trained and experienced, and will support individuals in taking part in leisure activities and community events.

<h3>Who we support</h3> <ul style="list-style-type: none"><li>• Adults</li><li>• Autism Spectrum Conditions</li><li>• Epilepsy</li><li>• Learning Disabilities</li><li>• Moderate Learning Disabilities</li></ul>	<h3>Facilities</h3> <ul style="list-style-type: none"><li>• Garden/Outside Space</li></ul>
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## What we offer

Girling Street is a large, spacious property with 5 bedrooms and 2 communal bathrooms. There is a communal kitchen and separate dining room that individuals have access to, as well as lounge and patio area leading on to a well kept garden.

The ideal location in the heart of town means that local shops, restaurants and train stations are easily accessible.

## Lifestyle

At Girling Street individuals are supported to take part in a range of activities that can help boost social and independence skills. People have enjoyed taking part in swimming, horse riding, dance classes, drama classes, trampolining, art class and regular cinema trips. People can visit the Courtyard Café day centre and Sudbury hub day centre which provide further community activities and classes.

Two individuals have been awarded certificates for trampoline class and one individual has won a rosette for a horse riding competition.

People are supported in learning independence skills, and one resident now regularly prepares her own sandwiches and makes cakes for friends.

## Contact us

Please call us on **07944 105 428** to find out more information about this home.

For the latest information and vacancy details, view online

<https://www.achievetogether.co.uk/homes/girling-street/>